

JM BÆNKPRES 2005 i Horsens

Lifts with minus not approved

Cat.	W.cl.	Wht.	Name	Club/ Country	Reg.	Squat				Benchpress				Sub- Total	Deadlift				Total	Plac. Open	Plac. Cat.	Points
						1.	2.	3.	4.	1.	2.	3.	4.		1.	2.	3.	4.				
Sen	52,0	51,6	Susse Hougaard	AAK						80,0	87,5	-92,5	0,0	87,5					87,5	1	0	109,734
Sen	67,5	60,6	Mona Al-Haj	HSK						60,0	-70,0	-75,0	0,0	60,0					60,0	1	0	66,378
Sen	75,0	68,7	Anette Pedersen	ATLAS						95,0	102,5	-110,0	0,0	102,5					102,5	1	0	103,310
Sen	60,0	58,9	Morten Strange	AKFREM						92,5	-97,5	-200,0	0,0	92,5					92,5	1	0	80,244
Sen	67,5	64,7	Michael Nielsen	AKFREM						145,0	-152,5	-155,0	0,0	145,0					145,0	1	0	115,754
Sen	67,5	67,0	Anders Skov	HSK						105,0	-112,5	-112,5	0,0	105,0					105,0	2	0	81,438
Sen	75,0	72,7	Johannes Drews	AKFREM						-125,0	-125,0	125,0	-143,0	125,0					125,0	1	0	91,063
Sen	82,5	82,5	Søren Mølgaard	AKFREM						170,0	180,0	-191,0	0,0	180,0					180,0	1	0	120,582
Sen	82,5	81,4	Johnni Andersen	AKFREM						160,0	165,0	-180,0	0,0	165,0					165,0	2	0	111,441
Sen	82,5	82,3	John Koedstrøm	ODIN						-145,0	147,5	152,5	0,0	152,5					152,5	3	0	102,312
Sen	82,5	82,5	Erik Rasmussen	AKFREM						-180,0	-180,0	-187,5	0,0	0,0					0,0	4	0	0,000
Sen	90,0	89,7	Sune Bak	AN						190,0	200,5	-202,5	0,0	200,0					200,0	1	0	127,900
Sen	90,0	87,4	Tom Bergan	AN						180,0	-185,0	-185,0	0,0	180,0					180,0	2	0	116,694
Sen	90,0	90,0	Søren Bertelsen	JSM						170,0	-177,5	-182,5	0,0	170,0					170,0	3	0	108,528
Sen	90,0	89,5	Karsten Laursen	HSS						155,0	-162,5	165,0	0,0	165,0					165,0	4	0	105,633
Sen	90,0	85,6	Jacob T. Nielsen	GSK						-130,0	-135,0	135,0	0,0	135,0					135,0	5	0	88,520
Sen	90,0	83,0	Kristian Immersen	TVF						130,0	-135,0	-140,0	0,0	130,0					130,0	6	0	86,775
Sen	90,0	87,8	Kasper Hovgaard	AKFREM						-130,0	-130,0	-130,0	0,0	0,0					0,0	7	0	0,000
Sen	100,0	99,4	Johnny Kosela	AAK						-190,0	190,0	-200,0	0,0	190,0					190,0	1	0	115,919
Sen	100,0	98,8	Henrik Sørensen	GSK						160,0	170,0	180,0	0,0	180,0					180,0	2	0	110,088
Sen	100,0	99,2	Steen Hansen	AAK						165,0	175,0	-182,5	0,0	175,0					175,0	3	0	106,855
Sen	100,0	92,9	Kenneth Hulvej	AKFREM						-170,0	170,0	-180,0	0,0	170,0					170,0	4	0	106,845
Sen	100,0	97,7	Simon Lauridsen	TVF						-160,0	-160,0	160,0	-170,5	160,0					160,0	5	0	98,304
Sen	110,0	109,1	Lars Guldborg	AN						200,0	210,0	-215,0	0,0	210,0					210,0	1	0	123,900
Sen	110,0	102,3	Mads Knudsen	HSK						-165,0	-170,0	170,0	0,0	170,0					170,0	2	0	102,544
Sen	110,0	108,9	Klaus Andersen	HSK						120,0	-127,5	127,5	0,0	127,5					127,5	3	0	75,263
Sen	125,0	119,1	Ryan Søndergård	GSK						180,0	-190,0	-197,5	0,0	180,0					180,0	1	0	103,662

Date 20. august 2005

Cat.	W.cl.	Wht.	Name	Club/ Country	Reg.	Squat				Benchpress				Sub- Total	Deadlift				Total	Plac. Open	Plac. Cat.	Points
						1.	2.	3.	4.	1.	2.	3.	4.		1.	2.	3.	4.				
Sen	125,0	110,3	Peter Eltzholtz	GSK						125,0	132,5	-140,0	0,0	132,5					132,5	2	0	77,910
Sen	125,0	115,6	Leif Nielsen	AAK						-230,0	-235,0	-235,0	0,0	0,0					0,0	3	0	0,000
Sen	125,0	119,5	Søren Eggebrecht	AAK						-240,0	-240,0	-240,0	0,0	0,0					0,0	4	0	0,000
Sen	125+	160,0	Johnny Rix	AKFREM						240,0	-247,5	255,0	0,0	255,0					255,0	1	0	139,791
Sen	125+	136,1	Jonas Christensen	GSK						140,0	-145,0	147,5	-150,0	147,5					147,5	2	0	82,777
Sen	125+	132,0	Jan F. Knudsen	AKFREM						-245,0	-247,5	-250,0	0,0	0,0					0,0	3	0	0,000

Date 20. august 2005