

5th ER Equipment Open Benchpress 2009

Jun

Lifts with minus not approved

W.cl.	Weight	Name	Country	Reg.	Benchpress				Total	Plac.	Points
					1.	2.	3.	4.			
60,0	60.0	Liss Farstad Nerlandsrem	FRÆNA		95.0	-100.0	-100.0	0.0	95.0	1	105.915
67,5	63.8	Mette Nielsen	TSK		50.0	55.0	-62.5	0.0	55.0	1	58.509
90+	122.7	Camilla Kristensen	HSF		90.0	-95.0	0.0	0.0	90.0	1	71.685
56,0	55.2	Mette G. Jensen	ARES		72.5	80.0	85.0	0.0	85.0	1	101.150
60,0	57.6	Susse Hougaard	AAK		105.0	110.0	-130.0	0.0	110.0	1	126.599
67,5	62.7	Kathrine Bak	TSK		82.5	-90.0	-90.0	0.0	82.5	1	88.927
67,5	60.3	Helena Lindeen	SAK		65.0	70.0	-82.5	0.0	70.0	2	77.742
75,0	68.5	Lærke H. Nielsen	HSS		65.0	-70.0	70.0	0.0	70.0	1	70.700
60,0	60.0	Eva Buxbom	HSK		85.0	-90.0	-90.0	0.0	85.0	1	94.767
75,0	74.7	Tone Ingbretsen	SANDNES		85.0	90.0	-92.5	0.0	90.0	1	85.770
56,0	52.3	Martin Rasmussen	ARES		50.0	-57.5	57.5	0.0	57.5	1	56.085
90,0	89.4	Jeppe Balsby	AAK		170.0	-177.5	-177.5	0.0	170.0	1	108.902
90,0	88.7	Rasmus Stæremose	GSK		155.0	-165.0	-170.0	0.0	155.0	2	99.696
90,0	87.4	Trond Sandblost	FRÆNA		-150.0	150.0	-167.5	0.0	150.0	3	97.245
90,0	84.4	Mads Christiansen	TSK		90.0	97.5	-105.0	0.0	97.5	4	64.448
100,0	99.1	Rauli Karkiainen	SAK		130.0	140.0	-145.0	0.0	140.0	1	85.512
110,0	109.3	Søren Mølgaard	GSK		-240.0	240.0	-255.0	0.0	240.0	1	141.528
125,0	117.7	Bjørnar Myrbostad	FRÆNA		-190.0	195.0	-215.0	0.0	195.0	1	112.632
125,0	113.1	Peter Eltzholtz	AK NORD		180.0	190.0	-195.0	0.0	190.0	2	110.903
67,5	67.5	Morten Rasmussen	TSK		150.0	155.0	-160.0	0.0	155.0	1	119.505
75,0	74.4	Rene Vester	ATLAS		155.0	-165.0	165.0	0.0	165.0	1	118.239
75,0	74.7	Henrik Wadim	AK NORD		145.0	150.0	157.5	0.0	157.5	2	112.550
75,0	74.1	Johannes Schøllberg	FRÆNA		135.0	140.0	-145.0	0.0	140.0	3	100.604
82,5	77.1	Kasper Fardan	CPL		205.0	215.0	-222.5	0.0	215.0	1	150.350
82,5	82.5	Allan Riis	AAK		195.0	205.0	207.5	0.0	207.5	2	139.004
82,5	81.9	Louis Preuthun	HSF		-170.0	170.0	-182.5	0.0	170.0	3	114.393
82,5	81.6	Daniel Vittoriani	TSK		165.0	-170.0	-170.0	0.0	165.0	4	111.276
82,5	81.3	Kjell Korneliussen	SANDNES		-137.5	-137.5	137.5	0.0	137.5	5	92.936
90,0	88.0	Helge Sviland	SANDNES		180.0	190.0	195.0	0.0	195.0	1	125.951
90,0	88.1	Bo Minkwitz	RAK		-165.0	167.5	-180.0	0.0	167.5	2	108.121
90,0	84.8	Sune Frederiksen	HSS		-145.0	145.0	-160.0	0.0	145.0	3	95.584
100,0	100.0	Øystein Aas	ASK		235.0	-247.5	-247.5	0.0	235.0	1	143.021
100,0	90.3	Nicolai Dahlin	HSF		172.5	185.0	-190.0	0.0	185.0	2	117.901
100,0	93.2	Henning Tornes	SANDNES		180.0	185.0	-190.0	0.0	185.0	3	116.106
100,0	98.3	Marc Larsson	HSF		-175.0	180.0	-190.0	0.0	180.0	4	110.322
100,0	99.4	Bjørn Frederiksen	HSS		155.0	-162.5	-170.0	0.0	155.0	5	94.565
100,0	93.3	Finn Nielsen	HSS		-155.0	-155.0	-155.0	0.0	0.0	6	0.000
110,0	109.8	Nicolas Skaarup	ARES		-225.0	-230.0	230.0	0.0	230.0	1	135.424
110,0	100.6	Martin Lange	GERMANY		185.0	-195.0	-195.0	0.0	185.0	2	112.313
125,0	124.7	Sune Bang	AAK		260.0	267.5	272.5	0.0	272.5	1	155.352
125,0	122.3	Sven Lange	GERMANY		-255.0	255.0	-262.5	0.0	255.0	2	145.988
125,0	112.6	Henrik Sørensen	GSK		185.0	200.0	210.0	0.0	210.0	3	122.724
125,0	113.9	Jens Jepsen	TSK		190.0	-202.5	202.5	0.0	202.5	4	117.977
125,0	121.7	Thomas Adler	SAK		190.0	-200.0	-200.0	0.0	190.0	5	108.889

Dato 2. februar 2009

W.cl.	Weight	Name	Country	Reg.	Benchpress				Total	Plac.	Points
					1.	2.	3.	4.			
125,0	115.8	Marcel Jahnke	GERMANY		-235.0	-250.0	-250.0	0.0	0.0	6	0.000
125+	131.7	Allister McColl	NORGE		-270.0	275.0	287.5	0.0	287.5	1	162.236
125+	132.5	Niklas Turunen	SAK		210.0	-220.0	220.0	0.0	220.0	2	124.014
125+	132.8	Emil Karlström	SAK		180.0	-190.0	190.0	0.0	190.0	3	107.065
60,0	57.9	Anton Kraft	CPL		160.0	170.0	175.0	0.0	175.0	1	154.280
75,0	74.3	Stig Frøhoel	ASK		162.5	-167.5	-167.5	0.0	162.5	1	116.561
75,0	72.5	Gert Olsen	ARES		-127.5	127.5	132.5	0.0	132.5	2	96.725
82,5	82.5	Sigve Valentinsen	SANDNES		190.0	200.0	-205.0	0.0	200.0	1	133.980
82,5	80.9	Jukka Saunamäki	SAK		-180.0	-180.0	-180.0	0.0	0.0	2	0.000
90,0	89.3	Per Berndorff	KSK		180.0	187.5	-195.0	0.0	187.5	1	120.187
90,0	83.1	Bergur Skovgaard	AAK		142.5	150.0	-155.0	0.0	150.0	2	100.050
90,0	88.6	Vidar Bakke	ASK		-170.0	-170.0	-170.0	0.0	0.0	3	0.000
100,0	98.8	Søren Bertelsen	JYDEN		-195.0	195.0	-207.5	0.0	195.0	1	119.262
100,0	92.3	Peter Petersen	AAK		125.0	-130.0	130.0	0.0	130.0	2	81.965
100,0	97.7	Svein Olav Farstad	FRÆNA		-245.0	-245.0	-250.0	0.0	0.0	3	0.000
110,0	107.5	Mikael Jaldefors	SAK		-247.5	247.5	-255.0	0.0	247.5	1	146.718
110,0	107.5	Conny Blomgren	SAK		225.0	230.0	-240.0	0.0	230.0	2	136.344
125,0	124.7	Steinar Wahl	ASK		-215.0	215.0	220.0	0.0	220.0	1	125.422
67,5	65.0	Birger Sundsstøl	KR.SAND		110.0	115.0	-120.0	0.0	115.0	1	91.448
90,0	85.2	Kjell Arne Bøe	FRÆNA		180.0	192.5	-200.0	0.0	192.5	1	126.569
90,0	89.6	Karsten Laursen	HSS		-157.5	-160.0	160.0	0.0	160.0	2	102.368
90,0	88.2	Magne Moen	FRÆNA		130.0	137.5	-140.0	0.0	137.5	3	88.701
100,0	94.4	Leif Sydengen	ASK		-200.0	-200.0	200.0	0.0	200.0	1	124.760
110,0	105.9	Fred Jahnke	GERMANY		245.0	252.5	-257.5	0.0	252.5	1	150.439
110,0	104.4	Bjørn Nielsen	RAK		160.0	175.0	-180.0	0.0	175.0	2	104.790
125,0	111.6	Allan Fuglesang	ATLAS		190.0	200.0	-210.0	0.0	200.0	1	117.200
125+	125.7	Truls Nygaard	HOLMEST		225.0	235.0	-242.5	0.0	235.0	1	133.762
82,5	81.8	Verner Nielsen	ATLAS		125.0	130.0	135.0	0.0	135.0	1	90.909
100,0	95.7	Allan Kornval	ASF		125.0	130.0	137.5	0.0	137.5	1	85.250
110,0	105.7	Finn Knudsen	RMC		190.0	202.5	208.5	0.0	208.5	1	124.308
110,0	109.8	Truls Kristensen	ASK		130.0	-150.0	150.0	0.0	150.0	2	88.320