

7th ER Equipment Open Benchpress 2008

Lifts with minus not approved

Cat.	W.cl.	Wht.	Name	Club/ Country	Reg.	Squat				Benchpress				Sub- Total	Deadlift				Total	Plac. Open	Plac. Cat.	Points
						1.	2.	3.	4.	1.	2.	3.	4.		1.	2.	3.	4.				
M 1	48,0	47.8	Hanna Svahn	AKFREM						55.0	60.0	65.0	0.0	65.0					65.0	1	1	86.223
Jun	52,0	51.6	Mette G Jensen	ARES						70.0	75.0	-80.0	0.0	75.0					75.0	1	1	94.057
Sen	56,0	54.8	Susse Hougaard	AAK						95.0	102.5	107.5	0.0	107.5					107.5	1	0	128.463
Sen	56,0	55.1	Kate V Pedersen	AASK						75.0	-85.0	-85.0	0.0	75.0					75.0	2	0	89.370
Jun	60,0	57.0	Nanna Hougaard	AAK						55.0	-65.0	65.0	0.0	65.0					65.0	1	1	75.426
Sen	67,5	67.4	Lise Ejlersen	HSS						90.0	-95.0	0.0	0.0	90.0					90.0	1	0	91.854
M 1	75,0	70.2	Anette W Pedersen	AASK						115.0	-120.0	-120.0	0.0	115.0					115.0	1	1	114.184
Jun	75,0	68.7	Lærke Nielsen	HSS						-65.0	-65.0	-65.0	0.0	0.0					-65.0	2	0	0.000
Sub-J	52,0	51.1	Martin Rasmussen	AKFREM						35.0	40.0	-50.0	0.0	40.0					40.0	1	1	39.980
Sub-J	52,0	45.5	Frederik Lund	TEUTONI						37.5	-45.0	-47.5	0.0	37.5					37.5	2	2	42.683
M 1	56,0	56.0	Anton Kraft	KSK						185.0	190.0	-195.0	0.0	190.0					190.0	1	1	172.957
Sen	56,0	53.1	Mikkel Sørensen	AASK						-125.0	125.0	-127.5	0.0	125.0					125.0	2	0	120.025
M 2	67,5	66.1	Birger Sundstøl	KR.SAND						100.0	-110.0	110.0	0.0	110.0					110.0	1	1	86.262
Sub-J	67,5	63.7	Matias Petersen	AASK						70.0	80.0	-82.5	0.0	80.0					80.0	2	1	64.712
Sen	75,0	74.6	Kasper Fardan	KSK						185.0	195.0	200.0	0.0	200.0					200.0	1	0	143.040
Sen	75,0	74.8	Rene Vester	ATLAS						150.0	155.0	-162.5	0.0	155.0					155.0	2	0	110.655
M 1	75,0	73.0	Henrik Jørgensen	AASK						-145.0	145.0	-165.0	0.0	145.0					145.0	3	1	105.328
Sen	75,0	74.2	Anders Valentinsen	AASK						130.0	-137.5	140.0	0.0	140.0					140.0	4	0	100.506
Sen	75,0	74.0	Daniel Edvardson	SÖDER						-132.5	132.5	-135.0	0.0	132.5					132.5	5	0	95.307
Sen	82,5	81.4	Allan Riis	AAK						195.0	202.5	-212.5	0.0	202.5					202.5	1	0	136.667
Sen	82,5	79.1	Ali Gønen	ATLAS						-190.0	190.0	0.0	0.0	190.0					190.0	2	0	130.644
M 1	82,5	81.3	Erik Rasmussen	AKFREM						-180.0	-180.0	182.5	0.0	182.5					182.5	3	1	123.352
M 1	82,5	81.4	Jukka Saunamaki	SODER						-182.5	182.5	-187.5	0.0	182.5					182.5	4	2	123.169
Sen	82,5	81.3	Louis Preuthun	HSF						170.0	-182.5	-182.5	0.0	170.0					170.0	5	0	114.903
M 3	82,5	80.5	Hans J. Jørgensen	AASK						160.0	167.5	-175.0	0.0	167.5					167.5	6	1	113.900
Jun	82,5	79.9	Danny Ott	SVBARTH						-155.0	155.0	162.5	0.0	162.5					162.5	7	1	110.939
Sen	82,5	78.9	Just Kielberg	KSK						140.0	-145.0	-145.0	0.0	140.0					140.0	8	0	96.348

Date 27. januar 2008

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						1.	2.	3.	4.	1.	2.	3.	4.		1.	2.	3.	4.				
Jun	82,5	80.4	Michael Dagø	AAK						130.0	-140.0	140.0	0.0	140.0					140.0	9	2	95.200
M 3	82,5	80.7	Verner Nielsen	ATLAS						125.0	-127.5	-127.5	0.0	125.0					125.0	10	2	84.875
Jun	82,5	77.4	Christian Nielsen	AAK						115.0	-120.0	-125.0	0.0	115.0					115.0	11	3	80.144
Sub-J	82,5	80.9	Sebastian Sørensen	HSS						102.5	-110.0	-110.0	0.0	102.5					102.5	12	1	69.485
Jun	82,5	79.2	Johannes Drews	AKFREM						-170.0	-170.0	-170.0	0.0	0.0					-170.0	13	0	0.000
Sen	90,0	88.5	Johnni Andersen	AKFREM						175.0	182.5	192.5	0.0	192.5					192.5	1	0	123.970
Sen	90,0	87.7	Rene Frederiksen	AASK						175.0	185.0	-192.5	0.0	185.0					185.0	2	0	119.713
Sen	90,0	89.3	Morten Grabowski	TVF						-175.0	-175.0	177.5	0.0	177.5					177.5	3	0	113.777
Sen	90,0	89.8	Kim Hjortd	AASK						-165.0	165.0	177.5	0.0	177.5					177.5	4	0	113.440
Sen	90,0	85.6	Brian Hansen	RS						170.0	175.0	-180.0	0.0	175.0					175.0	5	0	114.748
Jun	90,0	90.0	Nicolai Dahlin	HSF						172.5	-182.5	-182.5	0.0	172.5					172.5	6	1	110.124
M 3	90,0	89.7	Jens Kløver	ATLAS						170.0	-175.0	0.0	0.0	170.0					170.0	7	1	108.715
Sen	90,0	89.4	Martin Faber	AK NORD						160.0	167.5	-170.0	0.0	167.5					167.5	8	0	107.234
M 1	90,0	88.3	Tom Bergan	AK NORD						130.0	-155.0	160.0	0.0	160.0					160.0	9	1	103.152
M 1	90,0	83.8	Bergur Skovgaard	AAK						145.0	-152.5	-152.5	0.0	145.0					145.0	10	2	96.178
Sen	90,0	88.4	Torsten Nielsen	AAK						115.0	120.0	125.0	0.0	125.0					125.0	11	0	80.500
Sen	90,0	87.5	Christian Heidemann	HSS						-180.0	-182.5	-182.5	0.0	0.0					-180.0	12	0	0.000
Sen	100,0	99.8	Thomas Jul Sørensen	TVF						-235.0	-235.0	235.0	0.0	235.0					235.0	1	0	143.138
Sen	100,0	100.0	Pradeep Tandon	INDIA						-185.0	185.0	192.5	0.0	192.5					192.5	2	0	117.156
Jun	100,0	99.4	Mathias Kristiansen	AASK						177.5	187.5	-192.5	0.0	187.5					187.5	3	1	114.394
Sen	100,0	99.4	Jesper O Nielsen	AASK						-177.5	185.0	-202.5	0.0	185.0					185.0	4	0	112.868
Sen	100,0	95.5	Steen Hansen	AAK						170.0	182.5	-190.0	0.0	182.5					182.5	5	0	113.259
M 1	100,0	97.1	John Lukasen	GSK						180.0	-190.0	-190.0	0.0	180.0					180.0	6	1	110.898
Jun	100,0	98.2	Casper Futtrup	TVF						170.0	177.5	-182.5	0.0	177.5					177.5	7	2	108.825
Jun	100,0	94.1	Martin Lange	SVBARTH						170.0	-177.5	-180.0	0.0	170.0					170.0	8	3	106.199
M 1	100,0	99.5	Martin Nielsen	AAK						160.0	165.0	170.0	0.0	170.0					170.0	9	2	103.666
Sen	100,0	100.0	Bjørn Frederiksen	HSS						-150.0	152.5	160.0	0.0	160.0					160.0	10	0	97.376
Jun	100,0	93.4	Rasmus Lassen	AKFREM						140.0	-150.0	155.0	0.0	155.0					155.0	11	4	97.123
M 2	100,0	93.2	Karsten Laursen	HSS						140.0	147.5	-152.5	0.0	147.5					147.5	12	1	92.571
Sen	100,0	94.4	Finn Nielsen	HSS						145.0	-152.5	-152.5	0.0	145.0					145.0	13	0	90.451
M 3	100,0	98.3	Jan B Trauelsen	TEUTONI						-170.0	-175.0	-175.0	0.0	0.0					-170.0	14	0	0.000

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						1.	2.	3.	4.	1.	2.	3.	4.		1.	2.	3.	4.				
Sen	100,0	97.4	Tom Christensen	AASK						-180.0	-180.0	-180.0	0.0	0.0					-180.0	15	0	0.000
Sen	100,0	99.3	Kenneth Hulvej	AKFREM						-190.0	0.0	0.0	0.0	0.0					0.0	16	0	0.000
M 2	110,0	108.5	Fred Jahnke	SVBARTH						230.0	240.0	245.0	0.0	245.0					245.0	1	1	144.795
Sen	110,0	103.1	Sven Schafer	MAGDE						220.0	230.0	235.0	0.0	235.0					235.0	2	0	141.352
Sen	110,0	108.5	Maik Steinfurth	SVBARTH						-225.0	225.0	235.0	0.0	235.0					235.0	3	0	138.885
Sen	110,0	109.8	Klaus Bak	AASK						207.5	217.5	-227.5	0.0	217.5					217.5	4	0	128.064
Sen	110,0	101.2	Johnny Kosela	AAK						190.0	-202.5	-205.0	0.0	190.0					190.0	5	0	115.083
Jun	110,0	104.4	Søren Mølgård	AKFREM						165.0	175.0	-185.0	0.0	175.0					175.0	6	1	104.790
Jun	110,0	105.9	Peter Eltzholtz	AK NORD						160.0	170.0	175.0	0.0	175.0					175.0	7	2	104.265
Sen	110,0	109.4	Tajinder Singh	INDIA						-170.0	170.0	-192.5	0.0	170.0					170.0	8	0	100.215
M 1	110,0	101.2	Bent Krohn	AAK						-160.0	-160.0	160.0	0.0	160.0					160.0	9	1	96.912
Sen	125,0	118.1	Marcel Jahnke	SVBARTH						250.0	-257.5	-257.5	0.0	250.0					250.0	1	0	144.275
Sen	125,0	123.6	Jacob Stelgeman	AAK						250.0	-260.0	-275.0	0.0	250.0					250.0	2	0	142.800
Sen	125,0	118.2	Alexander Jurgens	SVBARTH						230.0	240.0	-250.0	0.0	240.0					240.0	3	0	138.480
M 2	125,0	120.5	Truels Nygaard	HOLMEST						225.0	235.0	-242.5	0.0	235.0					235.0	4	1	134.984
M 2	125,0	111.5	Allan Fuglsang	ATLAS						-200.0	200.0	-207.5	0.0	200.0					200.0	5	2	117.220
Sen	125,0	119.1	Thomas Adler	SÖDER						180.0	185.0	190.0	0.0	190.0					190.0	6	0	109.421
M 1	125,0	113.9	Bjørn Nielsen	RAK						170.0	180.0	-195.0	0.0	180.0					180.0	7	1	104.868
M 1	125+	169.8	Niels stjäerkjær	AAK						240.0	252.5	-286.0	0.0	252.5					252.5	1	1	137.158
Sen	125+	132.2	Niklas Turunen	SÖDER						-200.0	200.0	-210.0	0.0	200.0					200.0	2	0	112.780
Sen	125+	129.8	Daniel Cato	SÖDER						-180.0	-180.0	-185.0	0.0	0.0					-180.0	3	0	0.000