

Danish Powerlifting Federation

Denne stævneliste skal fremsendes til DSF's sekretariat senest 1. uge efter stævnet

No Lift is marked with minus

Lot	Cl.	Wht.	Name	Country	Cat.	Squat				Benchpress				Sub-Total	Deadlift				Total	Plac.	Wilks
						1.	2.	3.	4.	1.	2.	3.	4.		1.	2.	3.	4.			
1	47	46.0	Mia Ø Jensen	SPORTS	Sen	115.0	122.5	127.5	0.0	55.0	60.0	65.0	0.0	192.5	125.0	130.0	135.0	0.0	327.5	1	447.267
3	57	56.9	Eva Buxbom	HSK	Sen	145.0	155.0	160.0	0.0	75.0	80.0	82.5	0.0	242.5	155.0	165.0	-170.0	0.0	407.5	1	473.515
4	57	56.5	Mette G Rasmussen	ER POW	Sen	120.0	-130.0	-130.0	0.0	72.5	77.5	-80.0	0.0	197.5	100.0	110.0	117.5	0.0	315.0	2	367.542
2	57	55.1	Sarah J Klitgaard	TSK	Sen	70.0	75.0	80.0	0.0	45.0	50.0	-55.0	0.0	130.0	80.0	87.5	92.5	0.0	222.5	3	265.131
7	63	59.3	Susse Hougaard	AAK	Sen	150.0	160.0	165.0	0.0	125.0	-130.0	130.0	0.0	295.0	150.0	165.0	170.0	0.0	465.0	1	523.172
5	63	62.3	Kathrine H Bak	TSK	Sen	135.0	142.5	-147.5	0.0	82.5	-85.0	-85.0	0.0	225.0	165.0	-190.0	-190.0	0.0	390.0	2	422.409
6	63	62.2	Maj B Rames	SPORTS	Sen	-150.0	150.0	160.0	0.0	-122.5	-122.5	-122.5	0.0	0.0	0.0	0.0	0.0	0.0	0.0	3	0.000
9	72	71.8	Anette Pedersen	SPORTS	Sen	185.0	195.0	202.5	0.0	125.0	-130.0	-130.0	0.0	327.5	185.0	195.0	-207.5	0.0	522.5	1	510.953
8	72	71.2	Lise Ejlersen	HSS	Sen	180.0	190.0	197.5	0.0	95.0	100.0	102.5	0.0	300.0	160.0	170.0	175.0	0.0	475.0	2	467.115
10	84	82.6	Kathrine Kristensen	SPORTS	Sen	135.0	145.0	152.5	0.0	65.0	70.0	75.0	0.0	227.5	110.0	125.0	135.0	0.0	362.5	1	326.033
1	66	63.5	Mike Andersen	AASK	Sen	170.0	185.0	195.0	0.0	-115.0	115.0	-120.0	0.0	310.0	160.0	165.0	182.5	0.0	492.5	1	399.467
4	74	73.4	Morten Rasmussen	TSK	Sen	260.0	-275.0	-275.0	0.0	-185.0	185.0	-190.0	0.0	445.0	210.0	215.0	-220.0	0.0	660.0	1	477.510
2	74	72.9	Danny Pedersen	SKK	Sen	200.0	215.0	222.5	0.0	125.0	135.0	142.5	0.0	365.0	225.0	242.5	-250.0	0.0	607.5	2	441.713
3	74	73.0	Louis Preuthun	HSF	Sen	-225.0	-230.0	-250.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	3	0.000
7	83	82.8	Kasper Egebo	SPORTS	Sen	250.0	260.0	-270.0	0.0	170.0	175.0	180.0	0.0	440.0	242.5	260.0	267.5	0.0	707.5	1	472.610
5	83	82.7	Danni Iversen	HSK	Sen	-265.0	265.0	-280.0	0.0	160.0	170.0	-177.5	0.0	435.0	255.0	270.0	-275.0	0.0	705.0	2	471.575
8	83	82.8	Erik Rasmussen	ER POW	Sen	250.0	265.0	272.5	0.0	170.0	175.0	-180.0	0.0	447.5	230.0	245.0	-255.0	0.0	692.5	3	462.936
6	83	79.1	Jan Sahlgren	TSK	Sen	-220.0	-230.0	235.0	0.0	145.0	150.0	155.0	0.0	390.0	200.0	-215.0	0.0	0.0	590.0	4	405.684
9	83	82.8	Lars B Pedersen	AASK	Sen	200.0	-215.0	215.0	0.0	145.0	-155.0	-155.0	0.0	360.0	190.0	200.0	210.0	0.0	570.0	5	380.760
11	93	91.7	Nicolai Dahlin	HSF	Sen	-305.0	315.0	-317.5	0.0	120.0	140.0	0.0	0.0	455.0	120.0	-122.5	-122.5	0.0	575.0	1	363.688
13	93	92.8	Kim Hjordt	SPORTS	Sen	75.0	0.0	0.0	0.0	75.0	0.0	0.0	0.0	150.0	75.0	0.0	0.0	0.0	225.0	2	141.480
3	105	104.8	Mathias Kristiansen	SPORTS	Sen	-310.0	310.0	320.0	0.0	212.5	217.5	220.0	0.0	540.0	300.0	310.0	-315.0	0.0	850.0	1	508.130
4	105	98.2	Michael Jensen	AASK	Sen	-300.0	310.0	320.0	0.0	187.5	195.0	200.0	0.0	520.0	300.0	320.0	-330.0	0.0	840.0	2	515.004

Dato 19. marts 2011

Competition _____

Place _____

Sidereferee, reg.no.

Referee, reg. no.

Sidereferee, reg.no.

Sekretary, reg.no.

Speaker, reg.no.

Meet Director, reg.no.

Lot	Cl.	Wht.	Name	Country	Cat.	Squat				Benchpress				Sub-Total	Deadlift				Total	Plac.	Wilks	
						1.	2.	3.	4.	1.	2.	3.	4.		1.	2.	3.	4.				
1	105	103.8	Kim D Hansen	TSK	Sen	300.0	315.0	-322.5	0.0	-210.0	210.0	-215.0	0.0	525.0	-290.0	290.0	295.0	0.0	820.0	3	492.000	
7	105	104.1	Thomas J Sørensen	TVF	Sen	-280.0	280.0	-300.0	0.0	250.0	260.0	-270.0	0.0	540.0	280.0	-292.5	-292.5	0.0	820.0	4	491.508	
6	105	99.9	Rasmus Jensen	RAK	Sen	255.0	265.0	272.5	0.0	210.0	217.5	-222.5	0.0	490.0	215.0	-225.0	0.0	0.0	705.0	5	429.063	
5	105	101.8	Bjørn Frederiksen	HSS	Sen	265.0	-275.0	-277.5	0.0	155.0	-175.0	-182.5	0.0	420.0	280.0	-300.0	-300.0	0.0	700.0	6	422.870	
11	120	119.6	Stephan Vorup	TVF	Sen	-335.0	345.0	355.0	0.0	220.0	227.5	-232.5	0.0	582.5	300.0	312.5	320.0	0.0	902.5	1	519.299	
9	120	111.9	Sune Bak	HSF	Sen	315.0	335.0	-350.0	0.0	245.0	255.0	-260.0	0.0	590.0	292.5	302.5	310.0	0.0	900.0	2	526.950	
16	120	113.9	Jesper Smidt	AK NOR	Sen	-280.0	300.0	-317.5	0.0	200.0	210.0	215.0	0.0	515.0	240.0	-260.0	-260.0	0.0	755.0	3	439.863	
10	120	111.8	Morten S Jensen	ER POW	Sen	275.0	-290.0	-290.0	0.0	165.0	-170.0	-175.0	0.0	440.0	175.0	200.0	225.0	0.0	665.0	4	389.424	
8	120	112.5	Jesper B Mikkelsen	SPORTS	Sen	125.0	0.0	0.0	0.0	100.0	-125.0	-125.0	0.0	225.0	270.0	285.0	300.0	0.0	525.0	5	306.915	
13	120+	142.6	Morten Sørig	HSK	Sen	-340.0	350.0	-365.0	0.0	-225.0	225.0	-235.0	0.0	575.0	-200.0	225.0	272.5	0.0	847.5	1	472.227	
14	120+	120.3	Jens Jepsen	TSK	Sen	-280.0	-280.0	-290.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	2	0.000
15	120+	134.8	Sune Bang	AAK	Sen	-310.0	-320.0	-325.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	3	0.000
12	120+	129.5	Carsten Jørgensen	SPORTS	Sen	-255.0	-255.0	-255.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	4	0.000

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