

## liga 2014 2 east

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### Current group

| Women                    | Lot | Weight | Team            | SQ   | BP   | DL   | Total        | Points | Prognosis       |
|--------------------------|-----|--------|-----------------|--|--|--|--------------|--------|-----------------|
| 63 Open                  |     |        |                 |  |  |  |              |        |                 |
| 1. Tanja S Olsen         | 0   | 59.90  | Københavns SK   |  |  | <u>130.0</u> <u>147.5</u> <u>157.5</u>     | <b>157.5</b> | 175.82 | 157.5 175.82 1. |
| 2. Mette G Rasmussen     | 0   | 57.10  | ER Powerlifting |  | <u>82.5</u> <u>87.5</u> <u>92.5</u>                |  | <b>92.5</b>  | 107.19 | 92.5 107.19 2.  |
| 72 Open                  |     |        |                 |  |  |  |              |        |                 |
| 1. Jeanne Eriksen        | 0   | 68.80  | ER Powerlifting |  |  | <u>115.0</u> <u>120.0</u> <del>125.0</del> | <b>120</b>   | 120.83 | 120 120.83 1.   |
| 84+ Open                 |     |        |                 |  |  |  |              |        |                 |
| 1. Louise V Olsen        | 0   | 96.70  | ER Powerlifting | <u>75.0</u> <u>90.0</u> <u>100.0</u>               |  |  | <b>100</b>   | 84.13  | 100 84.13 1.    |
| Men                      |     |        |                 |  |  |  |              |        |                 |
| 74 Open                  |     |        |                 |  |  |  |              |        |                 |
| 2. Morten Rasmussen      | 0   | 66.70  | Tårnby SK       | <u>210.0</u> <u>220.0</u> <del>225.0</del>         |  |  | <b>220</b>   | 171.27 | 220 171.27 2.   |
| 3. Nickolaj Olsen        | 0   | 73.80  | Københavns SK   | <u>200.0</u> <u>212.5</u> <del>217.5</del>         |  |  | <b>212.5</b> | 153.15 | 212.5 153.15 3. |
| 83 Open                  |     |        |                 |  |  |  |              |        |                 |
| 2. Jan Sahlgren          | 0   | 79.00  | Tårnby SK       |  |  | <u>175.0</u> <u>195.0</u> <u>200.0</u>     | <b>200</b>   | 137.64 | 200 137.64 2.   |
| 93 Open                  |     |        |                 |  |  |  |              |        |                 |
| 1. Marc Larsson          | 0   | 91.80  | Hvidovre SF     | <u>265.0</u> <u>275.0</u> <u>285.0</u>             |  |  | <b>285</b>   | 180.15 | 285 180.15 1.   |
| 2. Louis Preuthun        | 0   | 84.40  | Hvidovre SF     |  |  | <u>230.0</u> <u>260.0</u> <u>280.0</u>     | <b>280</b>   | 185.08 | 280 185.08 2.   |
| 3. Kim D Hansen          | 0   | 92.80  | Tårnby SK       |  |  | <u>260.0</u> <u>275.0</u> <u>280.0</u>     | <b>280</b>   | 176.06 | 280 176.06 3.   |
| 4. Erik Rasmussen        | 0   | 84.40  | ER Powerlifting | <u>225.0</u> <del>240.0</del>                      |  |  | <b>225</b>   | 148.73 | 225 148.73 4.   |
| 7. Mathias S Nielsen     | 0   | 88.40  | Hvidovre SF     |  |  | <u>190.0</u> <u>200.0</u> <u>205.0</u>     | <b>205</b>   | 132.10 | 205 132.10 7.   |
| 9. Per Berndorff         | 0   | 92.80  | Københavns SK   |  | <u>185.0</u> <u>190.0</u>                          |  | <b>190</b>   | 119.47 | 190 119.47 9.   |
| - Steffen Hansen         | 0   | 93.00  | Rødby M         |  | <del>185.0</del> <del>185.0</del> <del>195.0</del> |  | <b>0</b>     | 0.00   | 0 0.00 13.      |
| 105 Open                 |     |        |                 |  |  |  |              |        |                 |
| 2. Alex G Thorsen        | 0   | 96.70  | ER Powerlifting |  |  | <u>220.0</u> <u>240.0</u> <del>250.0</del> | <b>240</b>   | 148.13 | 240 148.13 2.   |
| 3. Steffen H Jacobsen    | 0   | 93.10  | Hvidovre SF     | <del>180.0</del> <u>180.0</u> <u>205.0</u>         |  |  | <b>205</b>   | 128.72 | 205 128.72 3.   |
| 4. Jens Jepsen           | 0   | 104.10 | Tårnby SK       |  | <u>185.0</u> <u>190.0</u> <u>195.0</u>             |  | <b>195</b>   | 116.88 | 195 116.88 4.   |
| 7. Morten R Boysen       | 0   | 98.50  | Hvidovre SF     |  | <u>100.0</u> <u>107.5</u> <del>112.5</del>         |  | <b>107.5</b> | 65.82  | 107.5 65.82 7.  |
| 120 Open                 |     |        |                 |  |  |  |              |        |                 |
| 1. Sune Bak              | 0   | 105.90 | Hvidovre SF     |  | <u>220.0</u> <u>230.0</u> <u>240.0</u>             |  | <b>240</b>   | 142.99 | 240 142.99 1.   |
| 2. Martin H Christiansen | 0   | 107.60 | ER Powerlifting |  | <del>230.0</del> <del>230.0</del> <u>230.0</u>     |  | <b>230</b>   | 136.30 | 230 136.30 2.   |
| - Charlie Tyrrestrup     | 0   | 105.10 | Rødby M         | <del>250.0</del> <del>250.0</del> <del>265.0</del> |  |  | <b>0</b>     | 0.00   | 0 0.00 7.       |
| 120+ Open                |     |        |                 |  |  |  |              |        |                 |

1. Thomas Skov 0 121.80 Rødby M 245.0 260.0 ~~270.0~~ **260** 148.98 260 148.98 1.

## Results

|                      | Lot | Weight | Team            | SQ   | BP                                     | DL   | Total        | Points | Prognosis       |
|----------------------|-----|--------|-----------------|--|--|--|--------------|--------|-----------------|
| <b>Women</b>         |     |        |                 |  |  |  |              |        |                 |
| 57 Open              |     |        |                 |  |  |  |              |        |                 |
| 1. Maria Bjerg       | 0   | 54.50  | Københavns SK   |  |  | <u>100.0</u> <u>110.0</u> <u>120.0</u>     | <b>120</b>   | 144.23 | 120 144.23 1.   |
| 63 Open              |     |        |                 |  |  |  |              |        |                 |
| 1. Tanja S Olsen     | 0   | 59.90  | Københavns SK   |  |  | <u>130.0</u> <u>147.5</u> <u>157.5</u>     | <b>157.5</b> | 175.82 | 157.5 175.82 1. |
| 2. Mette G Rasmussen | 0   | 57.10  | ER Powerlifting |  | <u>82.5</u> <u>87.5</u> <u>92.5</u>    |  | <b>92.5</b>  | 107.19 | 92.5 107.19 2.  |
| 72 Open              |     |        |                 |  |  |  |              |        |                 |
| 1. Jeanne Eriksen    | 0   | 68.80  | ER Powerlifting |  |  | <u>115.0</u> <u>120.0</u> <del>125.0</del> | <b>120</b>   | 120.83 | 120 120.83 1.   |
| 84+ Open             |     |        |                 |  |  |  |              |        |                 |
| 1. Louise V Olsen    | 0   | 96.70  | ER Powerlifting | <u>75.0</u> <u>90.0</u> <u>100.0</u>       |  |  | <b>100</b>   | 84.13  | 100 84.13 1.    |
| <b>Men</b>           |     |        |                 |  |  |  |              |        |                 |
| 93 S                 |     |        |                 |  |  |  |              |        |                 |
| 1. Simon D. Jensen   | 0   | 89.80  | Hvidovre SF     |  |  | <u>250.0</u> <u>270.0</u> <u>285.0</u>     | <b>285</b>   | 182.14 | 285 182.14 1.   |
| 120 S                |     |        |                 |  |  |  |              |        |                 |
| 1. Nicolas Skaarup   | 0   | 115.80 | Hvidovre SF     |  | <u>175.0</u> <u>185.0</u> <u>190.0</u> |  | <b>190</b>   | 110.20 | 190 110.20 1.   |
| 105 Junior           |     |        |                 |  |  |  |              |        |                 |
| 1. Jiyang Mandrup    | 0   | 95.20  | Hvidovre SF     | <u>190.0</u> <u>200.0</u> <u>207.5</u>     |  |  | <b>207.5</b> | 128.94 | 207.5 128.94 1. |
| 74 Open              |     |        |                 |  |  |  |              |        |                 |
| 1. Uni Mikkelsen     | 0   | 67.40  | ER Powerlifting |  |  | <u>210.0</u> <u>225.0</u> <del>230.0</del> | <b>225</b>   | 173.68 | 225 173.68 1.   |
| 2. Morten Rasmussen  | 0   | 66.70  | Tårnby SK       | <u>210.0</u> <u>220.0</u> <del>225.0</del> |  |  | <b>220</b>   | 171.27 | 220 171.27 2.   |
| 3. Nickolaj Olsen    | 0   | 73.80  | Københavns SK   | <u>200.0</u> <u>212.5</u> <del>217.5</del> |  |  | <b>212.5</b> | 153.15 | 212.5 153.15 3. |
| 4. Kåre Bratberg     | 0   | 73.20  | Ares            | <u>95.0</u> <u>105.0</u> <u>115.0</u>      |  |  | <b>115</b>   | 83.36  | 115 83.36 4.    |
| 5. Gert Olsen        | 0   | 73.40  | Ares            |  | <u>90.0</u> <u>100.0</u> <u>105.0</u>  |  | <b>105</b>   | 75.97  | 105 75.97 5.    |
| 83 Open              |     |        |                 |  |  |  |              |        |                 |
| 1. Mickel Dahl       | 0   | 81.50  | Tårnby SK       |  |  | <u>190.0</u> <u>202.5</u> <u>210.0</u>     | <b>210</b>   | 141.73 | 210 141.73 1.   |
| 2. Jan Sahlgren      | 0   | 79.00  | Tårnby SK       |  |  | <u>175.0</u> <u>195.0</u> <u>200.0</u>     | <b>200</b>   | 137.64 | 200 137.64 2.   |
| 3. Casper M Jensen   | 0   | 82.60  | Ares            |  |  | <u>160.0</u> <u>180.0</u> <u>200.0</u>     | <b>200</b>   | 133.88 | 200 133.88 3.   |
| 4. Kasper P Jensen   | 0   | 75.80  | Rødby M         |  |  | <u>160.0</u> <u>180.0</u> <u>190.0</u>     | <b>190</b>   | 134.41 | 190 134.41 4.   |
| 5. Lars Mardov       | 0   | 78.30  | Rødby M         | <u>120.0</u> <u>130.0</u> <u>135.0</u>     |  |  | <b>135</b>   | 93.45  | 135 93.45 5.    |
| 93 Open              |     |        |                 |  |  |  |              |        |                 |
| 1. Marc Larsson      | 0   | 91.80  | Hvidovre SF     | <u>265.0</u> <u>275.0</u> <u>285.0</u>     |  |  | <b>285</b>   | 180.15 | 285 180.15 1.   |
| 2. Louis Preuthun    | 0   | 84.40  | Hvidovre SF     |  |  | <u>230.0</u> <u>260.0</u> <u>280.0</u>     | <b>280</b>   | 185.08 | 280 185.08 2.   |

|           |                       |   |        |                 |  |  |              |        |       |        |     |
|-----------|-----------------------|---|--------|-----------------|--|--|--------------|--------|-------|--------|-----|
| 3.        | Kim D Hansen          | 0 | 92.80  | Tårnby SK       |  | <u>260.0</u> <u>275.0</u> <u>280.0</u>         | <b>280</b>   | 176.06 | 280   | 176.06 | 3.  |
| 4.        | Erik Rasmussen        | 0 | 84.40  | ER Powerlifting | <u>225.0</u> <del>240.0</del>                      |  | <b>225</b>   | 148.73 | 225   | 148.73 | 4.  |
| 5.        | Herman M Hermansen    | 0 | 85.60  | ER Powerlifting | <del>200.0</del> <u>200.0</u> <u>210.0</u>         |  | <b>210</b>   | 137.70 | 210   | 137.70 | 5.  |
| 6.        | Mikkel V Poulsen      | 0 | 92.50  | Københavns SK   | <u>185.0</u> <del>200.0</del> <u>210.0</u>         |  | <b>210</b>   | 132.26 | 210   | 132.26 | 6.  |
| 7.        | Mathias S Nielsen     | 0 | 88.40  | Hvidovre SF     |  | <u>190.0</u> <u>200.0</u> <u>205.0</u>         | <b>205</b>   | 132.10 | 205   | 132.10 | 7.  |
| 8.        | Jon Madsen            | 0 | 88.20  | Københavns SK   | <u>175.0</u> <u>190.0</u> <u>195.0</u>             |  | <b>195</b>   | 125.79 | 195   | 125.79 | 8.  |
| 9.        | Per Berndorff         | 0 | 92.80  | Københavns SK   |  | <u>185.0</u> <u>190.0</u>                      | <b>190</b>   | 119.47 | 190   | 119.47 | 9.  |
| 10.       | Jørgen Nielsen        | 0 | 83.70  | Tårnby SK       | <u>160.0</u> <u>175.0</u> <del>185.0</del>         |  | <b>175</b>   | 116.24 | 175   | 116.24 | 10. |
| 11.       | Henrik Lund           | 0 | 83.60  | Ares            |  | <u>160.0</u> <u>170.0</u> <del>175.0</del>     | <b>170</b>   | 113.00 | 170   | 113.00 | 11. |
| 12.       | Thomas Holbæk         | 0 | 87.40  | Ares            | <u>80.0</u> <u>95.0</u> <del>100.0</del>           |  | <b>95</b>    | 61.59  | 95    | 61.59  | 12. |
| -         | Steffen Hansen        | 0 | 93.00  | Rødby M         | <del>185.0</del> <del>185.0</del> <del>195.0</del> |  | <b>0</b>     | 0.00   | 0     | 0.00   | 13. |
| 105 Open  |                       |   |        |                 |  |  |              |        |       |        |     |
| 1.        | Lazar Kuburovic       | 0 | 104.10 | Københavns SK   |  | <u>230.0</u> <u>250.0</u> <del>270.0</del>     | <b>250</b>   | 149.85 | 250   | 149.85 | 1.  |
| 2.        | Alex G Thorsen        | 0 | 96.70  | ER Powerlifting |  | <u>220.0</u> <u>240.0</u> <del>250.0</del>     | <b>240</b>   | 148.13 | 240   | 148.13 | 2.  |
| 3.        | Steffen H Jacobsen    | 0 | 93.10  | Hvidovre SF     | <del>180.0</del> <u>180.0</u> <u>205.0</u>         |  | <b>205</b>   | 128.72 | 205   | 128.72 | 3.  |
| 4.        | Jens Jepsen           | 0 | 104.10 | Tårnby SK       |  | <u>185.0</u> <u>190.0</u> <u>195.0</u>         | <b>195</b>   | 116.88 | 195   | 116.88 | 4.  |
| 5.        | Michael S Jarnborg    | 0 | 103.70 | Københavns SK   |  | <u>115.0</u> <u>122.5</u> <u>127.5</u>         | <b>127.5</b> | 76.53  | 127.5 | 76.53  | 5.  |
| 6.        | Allan T Hansen        | 0 | 100.40 | Ares            | <u>100.0</u> <u>115.0</u> <u>125.0</u>             |  | <b>125</b>   | 75.95  | 125   | 75.95  | 6.  |
| 7.        | Morten R Boysen       | 0 | 98.50  | Hvidovre SF     |  | <u>100.0</u> <u>107.5</u> <del>112.5</del>     | <b>107.5</b> | 65.82  | 107.5 | 65.82  | 7.  |
| 120 Open  |                       |   |        |                 |  |  |              |        |       |        |     |
| 1.        | Sune Bak              | 0 | 105.90 | Hvidovre SF     |  | <u>220.0</u> <u>230.0</u> <u>240.0</u>         | <b>240</b>   | 142.99 | 240   | 142.99 | 1.  |
| 2.        | Martin H Christiansen | 0 | 107.60 | ER Powerlifting |  | <del>230.0</del> <del>230.0</del> <u>230.0</u> | <b>230</b>   | 136.30 | 230   | 136.30 | 2.  |
| 3.        | Emil Therkelsen       | 0 | 105.30 | Københavns SK   |  | <u>180.0</u> <u>190.0</u>                      | <b>190</b>   | 113.43 | 190   | 113.43 | 3.  |
| 4.        | Thomas W Pedersen     | 0 | 106.60 | ER Powerlifting |  | <u>160.0</u> <u>170.0</u> <u>180.0</u>         | <b>180</b>   | 107.01 | 180   | 107.01 | 4.  |
| 5.        | Jeppe F Mix           | 0 | 111.20 | Rødby M         |  | <u>150.0</u> <u>160.0</u> <u>162.5</u>         | <b>162.5</b> | 95.32  | 162.5 | 95.32  | 5.  |
| 6.        | Claus Jørgensen       | 0 | 106.70 | Tårnby SK       |  | <u>140.0</u> <del>145.0</del> <u>145.0</u>     | <b>145</b>   | 86.17  | 145   | 86.17  | 6.  |
| -         | Charlie Tyrrestrup    | 0 | 105.10 | Rødby M         | <del>250.0</del> <del>250.0</del> <del>265.0</del> |  | <b>0</b>     | 0.00   | 0     | 0.00   | 7.  |
| 120+ Open |                       |   |        |                 |  |  |              |        |       |        |     |
| 1.        | Thomas Skov           | 0 | 121.80 | Rødby M         |  | <u>245.0</u> <u>260.0</u> <del>270.0</del>     | <b>260</b>   | 148.98 | 260   | 148.98 | 1.  |

## Ranking

## Women

## Open

**Men**

**S**

**Junior**

**Open**

**Team Competition**

|                       |                |         |
|-----------------------|----------------|---------|
| <b>1. HSF 1</b>       | <b>508.221</b> |         |
| Marc Larsson          | 180.149        |         |
| Sune Bak              | 142.992        |         |
| Louis Preuthun        |                | 185.080 |
| <b>2. TSK 1</b>       | <b>464.217</b> |         |
| Morten Rasmussen      | 171.270        |         |
| Jens Jepsen           | 116.883        |         |
| Kim D Hansen          |                | 176.064 |
| <b>3. KSK</b>         | <b>448.438</b> |         |
| Nickolaj Olsen        | 153.149        |         |
| Per Berndorff         | 119.472        |         |
| Tanja S Olsen         |                | 175.817 |
| <b>4. ERQ1</b>        | <b>433.151</b> |         |
| Erik Rasmussen        | 148.725        |         |
| Martin H Christiansen | 136.298        |         |
| Alex G Thorsen        |                | 148.128 |
| <b>5. HSF RAW</b>     | <b>421.284</b> |         |
| Jiyan Mandrup         | 128.940        |         |
| Nicolas Skaarup       | 110.200        |         |
| Simon D. Jensen       |                | 182.144 |
| <b>6. ERQ (RAW)</b>   | <b>418.385</b> |         |
| Herman M Hermansen    | 137.697        |         |
| Thomas W Pedersen     | 107.010        |         |
| Uni Mikkelsen         |                | 173.678 |

|                              |                |         |
|------------------------------|----------------|---------|
| <b>7. KSK (RAW) 1</b>        | <b>395.538</b> |         |
| Mikkel V Poulsen             | 132.258        |         |
| Emil Therkelsen              |                | 113.430 |
| Lazar Kuburovic              |                | 149.850 |
| <b>8. KSK (RAW) 2</b>        | <b>346.549</b> |         |
| Jon Madsen                   | 125.795        |         |
| Michael S Jarnborg           |                | 76.526  |
| Maria Bjerg                  |                | 144.228 |
| <b>9. TSK (RAW) 1</b>        | <b>344.138</b> |         |
| Jørgen Nielsen               | 116.235        |         |
| Claus Jørgensen              |                | 86.174  |
| Mickel Dahl                  |                | 141.729 |
| <b>10. HSF2</b>              | <b>326.644</b> |         |
| Steffen H Jacobsen           | 128.720        |         |
| Morten R Boysen              |                | 65.822  |
| Mathias S Nielsen            |                | 132.102 |
| <b>11. RMC (RAW)</b>         | <b>323.176</b> |         |
| Lars Mardov                  | 93.447         |         |
| Jeppe F Mix                  |                | 95.323  |
| Kasper P Jensen              |                | 134.406 |
| <b>12. ERQ2</b>              | <b>312.147</b> |         |
| Louise V Olsen               | 84.130         |         |
| Mette G Rasmussen            |                | 107.189 |
| Jeanne Eriksen               |                | 120.828 |
| <b>13. Ares (RAW-Junior)</b> | <b>278.832</b> |         |
| Kåre Bradtberg               | 83.364         |         |
| Thomas Holbæk                |                | 61.588  |
| Casper M Jensen              |                | 133.880 |
| <b>14. Ares (RAW)</b>        | <b>264.917</b> |         |
| Allan T Hansen               | 75.950         |         |
| Gert Olsen                   |                | 75.968  |
| Henrik Lund                  |                | 112.999 |
| <b>15. RMC</b>               | <b>148.98</b>  |         |
| Charlie Tyrrestrup           | 0.000          |         |
| Steffen Hansen               |                | 0.000   |

|                  |          |         |
|------------------|----------|---------|
| Thomas Skov      |          | 148.980 |
| <b>16. TSK 2</b> | <b>0</b> |         |
| Jan Sahlgren     | 0.000    |         |